

PETITE-FIT CHECKLIST

HOW TO KNOW IF YOUR SHORTS ACTUALLY FIT YOU



(240) 780-8412
hello@everpetite.com
www.everpetite.com

A quick guide to finding shorts that fit—not fight—your frame.

1. RISE REALITY CHECK

- Does the waistband hit above or below your natural waist?
- *Petite Tip:* Mid- to high-rise often flatters petites best—no awkward bunching at the crotch or waist gaps.

2. INSEAM INSIGHT

- Can you sit, bend, or walk without flashing everyone?
- General Rule: 3–5" inseams = sweet spot for most petites. Shorter can skew "childish," longer can overwhelm.

3. LEG OPENING LOOK

- Are they too wide or ballooning out?
- Shorts should taper just slightly for balance. Oversized legs can make us look shorter than we are.

4. FABRIC FLEX

- Is the material structured enough to hold shape?
- Lightweight, flimsy fabrics often cling or ride up. Look for tailored styles or thicker cotton blends.

5. BACKSIDE BONUS

- Do the pockets land in the right place?
- Pockets too low = saggy look. Petite-friendly shorts have pockets placed higher and closer together.

6. WAISTBAND WISDOM

- Is it digging in or sliding down?
- A contoured or smocked waistband can help hug a petite torso better than a straight cut.

7. STYLE CHECK

- Are you wearing the shorts—or are they wearing you?
- Structured, clean lines and intentional styling (tucked-in tops, defined waist) = elevated summer energy.

8. CONFIDENCE FACTOR

- Can you walk out the door without adjusting every 5 seconds?
- If not... it's a no. Comfort = confidence, and you deserve both.